

# Care.data: Opt-Out Form

If you would like more information about the care.data programme and/or you need some assistance with making your decision please contact the national patient data sharing helpline on **0300 456 3531**

Please tick one or both options below:

- I do NOT want my personal confidential data to be released by my GP surgery for the care.data programme.
- I do NOT want my personal confidential data from hospitals and other care providers to be released by the Health & Social Care Information Centre (HSCIC) for the care.data programme.

Section A: it is important that you complete this section accurately and please use BLOCK CAPITALS

Title	
Forename(s)	
Surname	
Address	
Phone No.	
Date of Birth	
NHS Number (if known)	
Patient's signature	
Date	

If you are filling out this form on behalf of another person or child, their GP practice will check that you have the authority to do so. Please ensure you fill out their details in section A and your details in section B.

Section B:

Your name	
Relationship to patient	
Your signature	
Date	

If you wish to **record your wishes** for sharing your information in relationship to Care.data you are now required to record a national data opt out that offers you a new way to prevent your confidential patient information from being used for research and planning. Please visit [www.nhs.uk/your-nhs-data-matters](http://www.nhs.uk/your-nhs-data-matters).

Unfortunately, the national data opt out **cannot be set by the GP surgery** going forward from October 2018, you can instead record your own opt-out online following the link above or by contacting: 0300 303 5678.